



### ***10 Way Marks for a Way of Life***

1. Be a lifelong learner
2. Journey with a soul friend
3. Keep a rhythm of prayer, work and recreation
4. Live as simply as possible
5. Celebrate and care for creation
6. Heal whatever is broken
7. Be open to the Holy Spirit and listen
8. Pray for good to overcome evil
9. Pursue Unity
10. Share Jesus and Justice

Three overarching principles:

- 1) Simplicity
- 2) Purity
- 3) Obedience

For more information either see Simon's book or go to <https://www.aidanandhilda.org.uk/about-way.php>