

What is Love? Part 3

We need to understand that the word “love” doesn’t do the concept justice. Agape means so much more. It’s the love God has for man under unconditional circumstances. It’s a spiritual, altruistic, beneficial love - complete and willing good for others, expecting no reward.

In verses 4, 5 and 6 are the fruits of love - that mature, complete, and nourishing love in action that we’re called to perform. So, with that in mind, let’s take a look at a few ways we might love in three directions - up, in, and out.

Up: Matt believes that prayer and love are intertwined. Faith and love are intricately connected, so if prayer is an expression of our faith, then it’s futile to make a separation.

In: We’re often afraid or ashamed to love ourselves! We’ve been led to believe that we’re not worthy of love, that we’re unlovable, or that it’s wrong to make ourselves a priority. Make your growth in God a priority. You love yourself when you spend time discerning God’s will and purpose for your life. You love yourself when you study the Word.

Out: That infinite resource of patience and kindness. That good nature and honesty. The boundless hope and infinite endurance. Sometimes... those things escape us. And that’s human. But we’re called: As I have loved you, so you must love one another.



01 — UP, IN, OUT

How are we doing with our prayer life, loving ourselves and loving others? Does God love us more when we do these things? No, of course not, but why do we act like He does?



02 — Maturity

What does maturity look like as a Christian (Followers of the Most Excellent Way?) Read Ephesians 4:11-16



03 — Practising what (Matt) preaches

Matt believes that prayer and love are intertwined. Faith and love are intricately connected, so if prayer is an expression of our faith, then it’s futile to make a separation. So, how can we make our prayer life more like a relationship, than a list of things to ask for? The remarkable fact is that God wants to spend time with us, how does this make us feel?

Health Check - Locking Castle Church, 2023

