

What is Love? Part 5

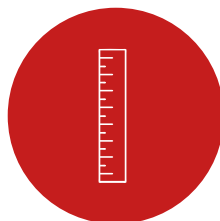
Love is not just a fuzzy feeling inside, as a scientist Andy saw love as the vital lynchpin to life. Gods created the world with love as the major ingredient. As a teacher, Andy saw the result of love and the unfortunate result of the absence of love. And as Christians, we are called to love, but why? Why does love need to win?

Andy shares a lot of science behind the fuzzy feelings of love, but the bottom line is that some people who have experienced a lack of love growing up have a harder time showing or experiencing love as an adult. The brain protects itself, it needs to be healed and remoulded to be able to receive and give love, to love others is to love ourselves first and understand who we are, then we can love others. We don't need to get ourselves perfectly fixed before we can love others, it's a process, bit by bit, step by step we transform as we open ourselves to God's love. Love is not an optional extra, but the very thing that transforms us to be more like our creator, who is love himself. Love needs to win, for without it there is nothing.



01 — How does love shape us?

Andy shared that he sees love from different views or lenses, as a scientist, a teacher and a Christian, to name a few. How many different views/lenses do you view love through?



02 — Maturity

How has love moulded you as you have grown up? Only if you feel comfortable to share, please share your thoughts on how life has shaped you, and how God has helped you to love.



03 — Practicing what (Andy) preaches

Andy believes that love is not an optional extra to life, do you agree? How can we make love central to all we do?

CPM (Christian Prayer Ministries) is designed to help with inner healing. The organisation is holding a prayer and preparation morning 7th October 10-1pm. Please see Emily Cumberbatch for details on 07905516624.

